
Making Plans That Stick !

A guide by “Your Daily QA Dose”





"Your Guaranteed Plan to Pass the ISTQB Foundation Level Exam!"



*Want to become a **certified ISTQB tester** but don't know where to start?* I followed this exact method, and not only did I pass, but my friend did too—three months later! Now, I'm sharing it with you.

◆ Why 2 Hours a Day you may ask?

My Story: When I prepared for the ISTQB exam, I had a **1 year and a half toddler**, and my only dedicated study time was during her **two-hour lunch nap**. We all have busy schedules, despite the challenge, I stuck to my plan, and it worked! If I could do it, you can too. You just need **willpower, patience, curiosity and commitment**.





Start today—let's break it down into milestones !

- **Milestone 1: Get the Official Syllabus** - Download the ISTQB syllabus—it's your roadmap for mastering the exam content.
- **Milestone 2: Take an Udemy Course** - Find an updated Udemy course that summarizes the syllabus well.
- **Milestone 3: Book your Exam!** – Set the Deadline Don't procrastinate! Book your exam 3 months from today to commit to the plan. You can schedule through Pearson Vue Test Centers near your location, and as a last resort, reschedule only if truly necessary !
- **Milestone 4: Study Smart** – The 3 Week Foundation : Take the Udemy course at a steady pace, completing it in maximum three weeks.



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- **Milestone 5: Dive Into the Syllabus** – While taking the Udemy course, start reading the syllabus. Highlight key sections with colorful markers—this strengthens your visual memory!



Routine:

- Study two hours daily for the next two months
- Take three short 5-minute breaks in between.
- Treat it like a real class— no skipping!



- **Milestone 6: Repeat & Reinforce Learning – Flashcards & Sticky Notes** – In the third month, focus on reviewing concepts. Flashcards and sticky notes help retain information better!



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→ **Milestone 7: Mock Exams – Simulate the Real Test!** - The last two weeks, dedicate your **two-hour study sessions** exclusively to solving **exam simulations— two per day**.

- Each mock test has **40 questions** with a **one-hour limit**, just like the actual exam. Download them for free over the internet and print them!
- The passing score is **26/40 (65%)**, so aim higher! 🚧 **No cheating—your success depends on honest practice!**

→ 🎬 **EXAM DAY! WOW! What to Expect ?**

- Arrive at the test center at least **30 minutes early** to check in.
- Bring a **valid ID** (passport or national ID).
- The test format is **computer-based** with **multiple-choice questions**.
- You'll have **one hour** to complete all 40 questions - stay calm and focus!



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→ Milestone 8: – Waiting for Your Results!

- After finishing the test, you'll receive an email within a few days with your results.
- If you pass (minimum 26/40, or 65%), you'll receive an official ISTQB digital certificate via email with a link to download it.

→ Milestone 9 : Celebrate & Use Your Certification!

- Now that you're ISTQB certified, update your LinkedIn profile & resume. Congrats!!!
- Join QA communities !



Good Luck!


This method guarantees you'll be ready to pass—and not just pass, but *understand* the material. If you dedicate more time, your chances of success increase even more and reduce book exam much earlier! Don't be afraid to set your own pace!

Good luck—and remember, I'm here if you need support or a little motivation.

Sometimes a few encouraging words make all the difference when doubt creeps in.

If this plan works for you too, I'd love to hear your success story!

For daily QA motto inspiration you can always check my website:
<https://yourdailyqadose.com/dailyQAmotto.html>



Write me in case
you need links for
Udemy courses,
mock exams
questions or just
sharing your
success story!